



spitroast

LUNCH MENU
SERVED WEEKDAYS 12PM TILL 4PM.

ROTISSERIE ROAST CHICKEN

HALF ROTISSERIE CHICKEN / 7.50

Free side order to go with your half chicken at lunch time.

CHICKEN BREAST, BROWN RICE AND KALE / 8.00 ^{GF}

Steamed brown rice, wilted chilli kale the really healthy option.

JUICY BREAST & SWEET POTATO MASH / 8.00 ^{GF}

Served with steamed broccoli & gravy, another healthy one.

CHICKEN THIGHS IN SPICED PEPPER SAUCE / 7.00 ^{GF}

Served with vegetable cous cous and dill yogurt

CHICKEN DRUMSTICKS WITH CHIPS / 7.00 ^{GF}

Choose your drumstick sauce, served with peri peri or salted chips

LUNCHTIME SALAD / 4.00

Choose from; *Super food, Classic Cesar, Green or Rocket and Pomegranate*

Add roast chicken / 2.50

Add Boiled egg / 1.00

Full description is on our main menu

SANDWICHES & WRAPS

all served with a side order of our incredible coleslaw

CHICKEN AND AVOCADO WRAP / 7.00

Juicy chicken breast on a toasted wrap, with dill yogurt, shredded lettuce, red onion & sweet chilli

CHICKEN TIKKA WRAP / 7.00 ^{GF}

Juicy chicken breast on a toasted wrap, with tikka mayonnaise, shredded vegetables & mango chutney

CHICKEN BBQ & CHEDDAR WRAP / 7.00

Juicy chicken breast on a toasted wrap, BBQ sauce and cheddar cheese

CHICKEN BAGUETTE / 6.50

Juicy shredded chicken breast, on a freshly baked crisp baguette with garlic mayonnaise and shredded lettuce.

CHICKEN & PESTO CIABATTA / 7.00

Juicy chicken breast on a crisp ciabatta, with garlic mayonnaise, basil pesto, beef tomato and rocket



vegan



vegetarian



gluten free



mild



hot
